

# Make life easier in three simple steps with AskSARA...

Impartial advice about equipment to help make daily living easier



<https://gwent.livingmadeeasy.org.uk/>



Bwrdd Partneriaeth  
Rhanbarthol Gwent  
Gwent Regional  
Partnership Board

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**AskSARA helps you find useful information about products that make daily living easier.**

AskSARA is an online guided advice tool created in partnership with the Disabled Living Foundation's Living Made Easy programme. It provides impartial advice about suitable assistive technology solutions that enable older people, and disabled people of all ages, to live independently and maintain their chosen lifestyle.

**Visit our website and take these three easy steps:**

- 1 Choose from the topic list**
- 2 Answer the questions**
- 3 Receive a personal report with information, advice, links and possible solutions**

