

# Empowering Independence

Our approach is centered around the strengths and abilities of each individual. By focusing on what individuals can do, we aim to empower them to live as independently as possible. The support provided includes skill-building activities and personalised plans to help individuals achieve their desired outcomes, particularly for those aged 16+. This includes preparing individuals for their own homes and reducing the need for residential placements.



### PODs What is it?

Blaenau Gwent Social Services has developed two new self-contained PODs located at Augusta House to support individuals with learning disabilities and complex needs. Funded by Welsh Government RIF, this project aids in transitioning towards independent living within communities.

- Provides access to a multidisciplinary team
- Develops independent living skills for individuals aged 16+



The POD has everything needed to live independently, including an oven to learn to cook my own meals and cleaning facilities to wash up after myself.

Josh, POD resident



## PODs located at Augusta House

**Empowering Independence** 

Enhancing Independence for People with Learning Disabilities. Experience the new standard in supporting independent living with Blaenau Gwent Social Services.

**Adult Social Services** 



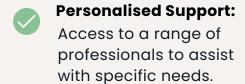
### Innovative Facilities

The PODs offer a welcoming and supportive environment where individuals can stay. Each POD is equipped with modern amenities to ensure comfort and independence. Individuals have access to a team of professionals who are dedicated to enhancing their independent living skills. The multidisciplinary approach ensures that each individual receives tailored support to meet their personal needs and goals.

- Integrated kitchen & appliances
- Fully adapted bathroom
- Single room with adjustable bed
- Comfortable Lounge and dining
- Ramp access to rooms
- Smart technology devices

#### **Benefits**

Enhanced Independence:
Helping individuals
develop the skills needed
to live independently.



Encouraging individuals to be active members of their communities.

Safe Environment:

Providing a secure and supportive space for individuals to thrive.



#### **Contact Us**

For more information about our PODs, please get in touch:

PODs@blaenau-gwent.gov.uk