

# My Amazing Body

Did you  
know?

## Amazing facts about your body

- Your body is always making new skin cells.
- As well as a unique finger print humans have a unique tongue print.
- Laid end to end, an adult's blood vessels could circulate the earth's equator four times.
- Information zooms along the nerves at approximately 249 miles per hour.
- The human heart beats more than three billion times in an average lifespan.
- Skin is the largest organ of the human body and makes up for 15% of a person's total weight.
- Your brain is sometimes more active when you're asleep, than when you're awake.
- Your liver is the only organ in your body that will still work even if it is damaged and can also repair its self over time.
- The circulatory system of arteries, veins, and capillaries is about 60,000 miles long.



i decide  
me  
it's not just what  
you  
see

#itsoktobeyou  
#changingperception  
#everybodyisbeautiful