# Tredegar Comprehensive

# Student Price List April 2025



### Blaenau Gwent Catering - At the Heart of a Healthy Lifestyle

#### **Mid-Morning Break**

•	Toast (v)	£0.36
•	Beans on Toast (v)	£1.29
•	Bacon Roll	£1.49
•	Half Bagel (v)	£0.38
•	Crumpet (v)	£0.38
•	Half Toasted Teacake (v)	£0.34
•	Croissants	£0.74
•	Rasher of Bacon	£0.82
•	Piece of Fruit	£0.63

#### **Hot Snacks**

## Tasty hot snacks for food on the go:

•	Pizza Slice (v)	£1.89
•	Hot Panini's	£1.89
•	Cheeseburger	£1.89
•	Vegan Ouorn Nuggets (v)	£1.89

#### Pasta Pots

## Freshly cooked pasta topped with your favourite sauce:

•	Plain Pasta Pots	£1.30
•	Pasta with Sauce (v)	£2.01
•	Pasta with Meat Sauce	£2.18
•	Garlic Bread (per slice) (v)	£0.24



# Meal of the Pay with Pessert £2.90

(v) Suitable for Vegetarians

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provide wherever possible.

Non Students will be charged VAT.

#### **Noodle Pots**

•	Vegetable Noodle Pots (v)	£1.99
•	Chicken Noodle Pots	£2.48

#### Deli Bar

#### Available Daily – a selection of freshly prepared:

•	Sandwiches	£1.59
•	Wraps	£1.71
•	Small Roll or Baguette	£1.54
•	Baguettes	£1.89
•	Pasta / Salad Boxes	f2 01

#### Talgarth Sandwiches, Wraps, Rolls and Baquettes

•	Talgartii bakery Sandwich	IZ.19
•	Talgarth Bakery Wrap	£2.10
•	Talgarth Bakery Bap	£1.95
•	Talgarth Bakery Baguette	f2.42

#### **Desserts**

## Daily selection of freshly baked sweet treats:

•	Biscuit (one size)	£0.38
•	Welsh Cakes	£0.46
•	Flapjack	£0.63
•	Cheesecake (Angel Whirl)	£0.78
•	Cake / Muffin	£0.75

#### Jacket Potato

# Hot fluffy potato topped with your choice of hot & cold fillings plus a side salad garnish:

•	Plain Jacket Potato	£1.30
•	Jacket Potato (1 filling)	£2.13
	lacket Dotate (2 fillings)	£2.05

#### Side

•	Condiment Sachet	£0.15
•	Jam Portion	£0.15
•	Grated Cheese Pot	£0.82
•	Baked Beans	£0.57
•	Curry Sauce	£0.82
•	Potato Portion	£1.66
•	Butter Portion	£0.21

#### Extras

•	Bread Roll	£0.59
•	Cheese & Crackers	£0.75
•	Fruit (Whole piece)	£0.63
•	Fruit Pot	£0.90
•	Fruit Yoghurt	£0.57
•	Fruit Slush	£0.95
	Jelly Pouch	f0 75

#### **Drinks**

#### Available all day:

•	Still Mineral Water (500ml)	£0.75
•	iPro Student (300ml)	£1.25
•	Radnor Fizz (330ml)	£0.75
•	Radnor Fruits (200ml)	£0.59
•	Viva Milkshake	£0.70
•	Pint of Milk	£0.76
•	Tea	£0.47
•	Coffee	£0.76
•	Hot Chocolate	£0.90

#### Did you know?

- We are committed to making all our food healthier and more nutritious - our menu's are carefully put together by a qualified Public Health Nutritionist (Food in Schools Co-ordinator).
- Apart from chips we do not fry any of our food.
- We do not use any meat products containing MRM
- We only use approved suppliers.
- We endeavour to provide a high quality, low cost service and listen to our customers opinions, suggestions and feedback.

For more information please contact Blaenau Gwent Catering Department Tel: 07970 381669 / 07790 544458