

Menu 2026 to 2027

Week 1

Ymwybyddiaeth am Awtistiaeth
Autism Aware

Cyngor Bwrdeistref Sirol
Blaenau Gwent
County Borough Council

September 2026

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November 2026

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December 2026

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January 2027

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February 2027

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March 2027

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April 2027

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May 2027

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June 2027

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July 2027

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This symbol highlights the meal choices with lower carbon footprints

GOOD FOR THE PLANET

Monday	Tuesday	Wednesday	Thursday	Friday
Garlic Chicken Fillet served with diced potatoes, or **Broccoli and Potato Bake with a Garlic Crumb (V)** NEW Broccoli, mediterranean roasted vegetables ********** Summer fruit crumble and custard	**Keema Curry** NEW or **Sweet Potato Curry (Ve)** NEW served with savoury vegetable rice, sweetcorn and naan bread ********** Fruit selection and yoghurt	**Pork Loin Slice** or **Quorn Fillet (Ve)** served with stuffing, dry roast and boiled potatoes, vegetables and gravy ********** Fruit and whirl with a milk drink	**Bubble Salmon** or **Quorn Nuggets (Ve)** served with mashed potatoes, broccoli, mixed vegetables, bread and spread. ********** Fruit selection and yoghurt	**Pork Sausage** or **Glamorgan Sausage (V)** served with baked beans or peas and sweetcorn, chips, bread and spread ********** Ice cream with fruit selection



Pasta Bar

Also Available Daily
Plain/ Tomato Pasta or Baked Potatoes

Accompanied with
Tortilla wrap/ Garlic bread, cheddar cheese with a mixed salad or baked beans





Fresh fruit, yogurt and cheese and crackers available daily

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Mayonnaise	**Rich Homemade Bolognese**	**Chicken and Tomato Sauce**	**Macaroni and Cheese (V)**	**Cherry Tomato and Mascarpone (V)**

V - Vegetarian **Ve** - Vegan *Vegan menu available on request
All side dishes are suitable for V or Ve, with exceptions; jelly is not suitable for V or Ve, yorkshire puddings are not suitable for Ve.
Menus may vary in faith schools-please check with your school. *salmon fillet in a gluten free rice/maize flour bubbly crumb coating.
Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.

Catering for Medical Diets/Food Allergies - For special diets requests please e-mail: specialdiets@blaenau-gwent.gov.uk



Menu 2026 to 2027

Week 2

Ymwybyddiaeth am Awtistiaeth
Autism Aware

Cyngor Bwrdeistref Sirol
Blaenau Gwent
County Borough Council

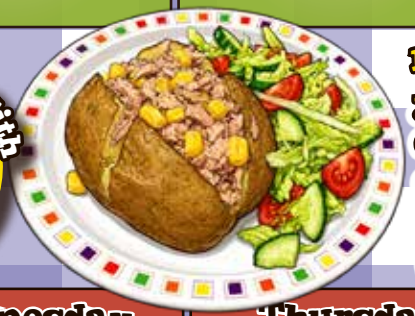
Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers or **Quorn Sausage (Ve)** served with diced potato and baked beans or carrots and broccoli ********** Sticky toffee pudding with fruit and custard	**BBQ Chicken** or **BBQ Quorn (V)** served with vegetable rice, tortilla chips, peas & mixed vegetables ********** Fruit selection and yoghurt	**Pork Sausage** or **Quorn Fillet (Ve)** served with yorkshire pudding, dry roast and boiled potatoes, vegetables and gravy ********** Apricot flapjack, fruit and milk	**Cottage Pie** or **Cheese and Potato Pie (V)** served with mixed vegetables, broccoli and gravy, bread and spread ********** Fruit selection and yoghurt	**Cheese and Tomato Pizza (V)** served with chips, salad, beans or peas and sweetcorn or **Tuna Jacket Melt** with salad ********** Chocolate arctic roll and mandarins



Pasta Bar

Also Available Daily
Plain/ Tomato Pasta or Baked Potatoes

Accompanied with
Tortilla wrap/ Garlic bread, cheddar cheese with a mixed salad or baked beans





Fresh fruit, yogurt and cheese and crackers available daily

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni and Cheese (V)	**Spaghetti Bolognese**	**Pork and Carrot Meatballs in a homemade tomato sauce**	**Chicken and Nut Free pesto**	**Vegetable mayonnaise (V)**

V - Vegetarian **Ve** - Vegan *Vegan menu available on request
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June 2027

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GOOD FOR THE PLANET



Menu 2026 to 2027

Week 3

Ymwybyddiaeth am Awtistiaeth
Autism Aware

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GOOD FOR THE PLANET

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Chicken Curry or **Sweet Potato and Spinach Curry (Ve)** NEW served with savoury vegetable rice, broccoli, and naan bread ********** Fruit selection and yoghurt	**Fish Fingers** served with diced potatoes, baked beans, peas and sweetcorn, bread and spread or **Mediterranean Fajitas (V)** NEW ********** Apple crumble cake and custard	**Roast Turkey** or **Quorn Fillet (Ve)** served with stuffing, dry roast and boiled potatoes, vegetables and gravy ********** Spicy pineapple sponge and custard	**Homemade Lasagne** or **Spinach & Vegetable Lasagne (V)** served with garlic bread, side salad, broccoli and carrots ********** Fruit selection and yoghurt	**Beefburger** or **Quorn Sausage (Ve)** in a roll or bread and spread served with chips, peas and sweetcorn or baked beans ********** Ice cream and peaches



Pasta Bar

Also Available Daily Plain/ Tomato Pasta or Baked Potatoes

Accompanied with Tortilla wrap/ Garlic bread, cheddar cheese with a mixed salad or baked beans



Fresh fruit, yogurt and cheese and crackers available daily



Monday	Tuesday	Wednesday	Thursday	Friday
Quorn Sausage in a rich tomato sauce (Ve)	**Rich Homemade Bolognese**	**Tuna and Mayonnaise**	**Chicken and Homemade Tomato Sauce**	**Creamy Pork Sausage and Pea topped with a Garlic Crumb** NEW

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Menu 2026 to 2027

Week 4

Ymwybyddiaeth am Awtistiaeth
Autism Aware

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Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausage or **Glamorgan Sausage (V)** served with mashed potato, carrots, broccoli and gravy ********** Chocolate orange beet cake with fruit and custard	**Cheese and tomato pizza (V)** served with diced potatoes, salad, peas and sweetcorn or **Jacket Potato, Beans and Cheese with Salad (V)** ********** Fruit selection and yoghurt	**Chicken Breast Fillet** or **Quorn Fillet (Ve)** served with stuffing, dry roast and boiled potatoes, vegetables and gravy ********** Fruit jelly and Welsh cake	**BBQ Beef** or **Quorn BBQ (V)** served with vegetable rice, tortilla chips, salad or mixed vegetables ********** Fruit selection and yoghurt	**Jumbo Fish Finger** or **Veggie Nuggets (Ve)** served with chips, peas and sweetcorn or baked beans, bread and spread ********** Raspberry and vanilla arctic roll with fruit selection



Pasta Bar

Also Available Daily
Plain/ Tomato Pasta or Baked Potatoes

Accompanied with
Tortilla wrap/ Garlic bread, cheddar cheese with a mixed salad or baked beans



Fresh fruit, yogurt and cheese and crackers available daily



Monday	Tuesday	Wednesday	Thursday	Friday
Pork and Carrot Meatballs in a homemade tomato sauce	**Chicken and homemade tomato sauce**	**Basil and cherry tomato nut free Pesto (V)**	**Macaroni and cheese (V)**	**Quorn mince in a savoury tomato sauce (V)**

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GOOD FOR THE PLANET