



CARERS RIGHTS DAY EVENT



10:30AM - 1:00PM

WEDNESDAY 19TH NOVEMBER

EBBW VALE INSTITUTE, CHURCH STREET, NP23 6BE

We warmly invite you to come join Age Cymru Gwent in partnership with Blaenau Gwent Council at our Carers Rights Day Event. Come along to relax, connect and celebrate the invaluable contribution you as Carers make to your loved ones and the community. Transport can be made available for you and your cared-for to get to the event - so don't miss out!

Event Highlights

- ▶ Information & Advice from Age Cymru Gwent and Partner Agencies
- ▶ Staff to support the cared-for, to allow Carers a period of relaxation
- ▶ Early access to Carers Grants for up to £300 issued by BGC Carers Team
- ▶ Free raffle
- ▶ Buffet lunch
- ▶ Gentle QiGong and Arts and Crafts



Cyngor Bwrdeistref Sirol
Blaenau Gwent
County Borough Council



For more information please contact us:

t: 01495 321780

w: www.ageuk.org.uk/cymru/gwent/

e: carers@agecymrugwent.org

Registered charity number RCN 1155903. Age Cymru Gwent, 124-128 High Street, Blackwood, NP12 1AF