## Featured Volunteer

## **Kathryn Learwood**

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Tell us a little bit about yourself.

I love the outdoors and country life. I love pottering in my garden and spending time with my dogs. I volunteer for Sirhowy Hill Woodlands also and love being in the woods amongst nature.

How long have you been a Litter Champion?

Approximately 12-18 months.

## What inspired you to become a Litter Champion?

I first volunteered with Sirhowy Hill Woodlands by joining their monthly litter pick. My partner then became a Litter Champion and I quickly followed.

How do you feel volunteering has benefitted you and/or the community?

I'm not locally born and bred and didn't know anyone before moving here. Through volunteering and litter picking, I have made friends with some lovely local people and feel part of the community now. I feel I've improved my community by removing litter.



What would you say to someone who is thinking about joining the Litter Champion Scheme?

Do it! We need all the help we can get, it's such a huge problem. The more visible we are and the more recruits we have, the more people hopefully will think about litter and word will spread. We can make it unacceptable to drop litter and make people feel bad about doing it.

What's the most peculiar thing you've picked up whilst Litter Picking?

Nit shampoo.

"I feel I've improved my community by removing litter".