

| Case Study Questions | | Client Group Mental Health | |
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| Personal Details | Name: ANON Age: 36 | Can name be used when publishing the case study?: Local Authority: Torfaen | NO Situation & Current Support needs (30 words max): Tenancy issues regarding relationship breakdown. On-going support re: tenancy, arrears & emotional; Support regarding children's MH and LD Organisation: Torfaen & Blaenau Gwent Mind |
| Personal History | Project info: Floating Support General background information about lifestyle, needs and situation prior to receiving support. (no more than 80 words) On presentation tenancy issues were identified regarding ex-partner's failure to sign tenancy over, quick disclosure of ACEs. Struggling to deal with 2 children (one with poor mental health and one with possible LD) Assault by neighbour and wanting to move but unable to due to tenancy issue. No family contact or support. Alcohol issues. Post-natal depression <ul style="list-style-type: none"> • Mother drug user – being sent to collect drugs at the age of 8 • Lived at home with mom with brothers and sisters • Mom had a string of various partners, strange men in and out of family home on regular occasions • Numerous of occasions of being taken in to care • Both Neglect and physical abuse present in the home – sexual abuse as a child in home • Guilt regarding not being able to protect siblings | | |
| Support | Overview of housing related support received. <i>Paragraph or Bullet Points</i> please (no more than 100 words) | | |

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| <p>Received</p> | <ul style="list-style-type: none"> • Support with Housing Association to remove partner from tenancy • Emotional support regarding mental health and past experiences; on-going issues surrounding severe anxiety and self esteem • Referrals to CAB, families first, CAHMS (to support daughter with severe MH issues (OCD/hypersensitivity)), Housing Association, Counselling services, Recovery and Beyond courses to deal anxiety, depression, anger, confidence |
| <p>Outcomes Achieved during support period</p> | <p>Please provide an overview of the outcomes the service user achieved under the relevant categories whilst receiving support (80 words):</p> <ul style="list-style-type: none"> • Feeling Safe / Contributing to the safety & wellbeing of self and others On-going neighbour issues to be resolved early new year through support to ensure correct support from housing association, On-going support to deal with issues surrounding childhood trauma and abuse On-going support with children to help family to feel safe • Managing Accommodation / Managing Relationships / Feeling part of the Community As above regarding tenancy Children with different fathers, difficult relationship history Controlling relationship from youngest child's father Support to contact lost friends and to re-engage in the community • Managing Money / Engaging in Education or Learning / Engaging in Employment or Volunteering Support to continue higher education and has recently gained a degree. Works in local school with children with SEN. • Physically Healthy / Mentally Healthy / Leading a Healthy, Active Lifestyle Emotional support regarding abuse and self-esteem, Support with high states of anxiety Support to understand child's mental ill health and support her, Refuses to take meds therefore significant work regarding self-care and alternative coping strategies Coping strategies surrounding re-engaging with friends and father and alcohol dependency issues Referral for counselling to deal with ACE – deep routed/ PTSD |
| <p>Future Plans</p> | <p>One paragraph please (50 words)</p> |

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| | <p>Early 2017 to re-register on homeseeker following tenancy being re-issued in sole name, Supporting letters/evidence to be offered by support worker and other agencies, Continuing support/advice re: relationships with other agencies including CAHMS, Families First and Housing Association Re-settlement support, Support to access future talking therapies</p> |
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Length of time supported: 3 months

Supporting People cost:

Prevention: Please indicate by ticking the boxes below the undesirable and costly outcomes that have been prevented

| Crime | Employment and Economy |
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| <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Anti Social Behaviour <input checked="" type="checkbox"/> Domestic Abuse <input type="checkbox"/> Offending <input checked="" type="checkbox"/> Youth Offending (FOR CHILDREN) <input type="checkbox"/> Custody <input type="checkbox"/> Other, please list <p>.....</p> | <ul style="list-style-type: none"> <input type="checkbox"/> Moving off benefits – please list benefits previously receiving: <p>Ongoing support to maintain employment</p> |

| Housing | Health | Social Services |
|---|---|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> Complex eviction <input type="checkbox"/> Repossession <input type="checkbox"/> Homeless application <input type="checkbox"/> Temporary accommodation <input type="checkbox"/> Homeless advice and support <input type="checkbox"/> Rough Sleeping <input checked="" type="checkbox"/> Other, please list <p>Specialist tenancy issues</p> | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Alcohol Misuse <input type="checkbox"/> Drugs misuse <input type="checkbox"/> A&E Attendance <input type="checkbox"/> Hospital in patients <input type="checkbox"/> Hospital day care <input type="checkbox"/> Ambulance services <input type="checkbox"/> Hospital outpatients <input checked="" type="checkbox"/> Adult mental health – depression / anxiety <input checked="" type="checkbox"/> Child / Adolescent mental health <input type="checkbox"/> Other Mental health disorders including dementia <input checked="" type="checkbox"/> Mental health specialist services <input type="checkbox"/> Mental health inpatients <input type="checkbox"/> Mental health outpatients <input type="checkbox"/> LA Care home with mental health problems <input type="checkbox"/> LA Social Services day care with mental health problems <input type="checkbox"/> Other, please list <p>.....</p> | <ul style="list-style-type: none"> <input type="checkbox"/> Child taken into care <input type="checkbox"/> Child protection assessment <input type="checkbox"/> Residential care – older people <input type="checkbox"/> Nursing care – older people <input type="checkbox"/> Adults with learning disability in residential care <input type="checkbox"/> Adults with physical disability in residential care <input type="checkbox"/> Other, please list <p>.....</p> |