

Case Study Questions
Client Group Care Leaver

Personal Details	<p> Name: Anne-Marie Can name be when publishing the case study?: YES (has been changed) </p> <p> Age: 19 Local Authority: Caerphilly </p> <p> Situation & Current Support needs (30 words max): Anne-Marie has been living in a 24 hour staffed project for young people, and has recently moved into a Flat (temp) with Floating Support. </p> <p> Organisation: Llamau Project info: Supported housing for young people staffed 24/7 & Non 24/7 flat (with Floating Support). </p>
Personal History	<p> General background information about lifestyle, needs and situation prior to receiving support. (no more than 80 words) </p> <p> Anne-Marie was in care from about 6 months old, as her Dad was in and out of prison, and Mum used drugs and couldn't cope with looking after her. Anne-Marie disclosed while in foster care that she was being physically and sexually abused, and after this moved through a number of foster care placements until she left care. Her first supported accommodation placement broke down, and Anne-Marie struggled with using substances (alcohol & drugs), self-harming and mental health issues, being assessed by Mental Health services a number of times while in crisis. Anne-Marie was assessed as being high risk of CSE, and was moved from a large hostel, to a smaller project specifically for young people aged 16-21. </p>
Support Received	<p> Overview of housing related support received. <i>Paragraph or Bullet Points</i> please (no more than 100 words) </p> <p> Anne-Marie has been supported to understand the risks around e.g. substance use, healthy relationships and self-harming, and given the support to deal with these issues positively and safely. She has been volunteering and working in a local Community Centre, hoping to complete training to become a Youth Worker in future. Anne-Marie has been supported and encouraged to believe in, and have respect for herself, to look after herself first, rather than so called 'friends'. There has also support with more practical things like keeping her room tidy, shopping, cooking and budgeting. Other Agencies have </p>

	also been involved in supporting Anne-Marie, and these Agencies have often come to the project to see her, as this promotes positive engagement i.e. reduces barriers such as the cost of travel and feeling uncomfortable in unfamiliar surroundings.
Outcomes Achieved during support period	<p>Please provide an overview of the outcomes the service user achieved under the relevant categories whilst receiving support (80 words):</p> <ul style="list-style-type: none"> • Feeling Safe / Contributing to the safety & wellbeing of self and others; Anne-Marie feels safe within the project and feels able to talk to staff (24hrs a day if needed) to deal with any concerns, she has also built a positive peer support network with other young people at the project. • Managing Accommodation / Managing Relationships / Feeling part of the Community; Anne-Marie is able to maintain her flat and is proud of her home. She now feels more confident to look after herself first, rather than being taken advantage of by others, and has volunteered at the local Community Centre. • Managing Money / Engaging in Education or Learning / Engaging in Employment or Volunteering; Anne-Marie is managing her money a lot better, paying her bills and using less alcohol and other substances, she also wants to complete a Youth Work qualification, and has been completing a training placement in the local Community Centre. • Physically Healthy / Mentally Healthy / Leading a Healthy, Active Lifestyle; Anne-Marie is feeling much happier mentally and has coping mechanisms she feels confident to use before turning to alcohol / drugs, or self-harming.
Future Plans	<p>One paragraph please (50 words)</p> <p>Anne-Marie would like to eventually have her own home, complete a Youth Work qualification, and find a job.</p>

Length of time supported: 2 years

Supporting People cost:

Prevention: Please indicate by ticking the boxes below the undesirable and costly outcomes that have been prevented

Crime	Employment and Economy
<input type="checkbox"/> Anti Social Behaviour <input type="checkbox"/> Domestic Abuse <input type="checkbox"/> Offending <input type="checkbox"/> Youth Offending <input type="checkbox"/> Custody <input type="checkbox"/> Other, please list 	<input type="checkbox"/> Moving off benefits – please list benefits previously receiving:

Housing	Health	Social Services
<input type="checkbox"/> Complex eviction <input type="checkbox"/> Repossession <input checked="" type="checkbox"/> Homeless application <input checked="" type="checkbox"/> Temporary accommodation <input type="checkbox"/> Homeless advice and support <input type="checkbox"/> Rough Sleeping <input type="checkbox"/> Other, please list 	<input type="checkbox"/> Alcohol Misuse <input type="checkbox"/> Drugs misuse <input type="checkbox"/> A&E Attendance <input type="checkbox"/> Hospital in patients <input type="checkbox"/> Hospital day care <input type="checkbox"/> Ambulance services <input type="checkbox"/> Hospital outpatients <input checked="" type="checkbox"/> Adult mental health – depression / anxiety <input type="checkbox"/> Child / Adolescent mental health <input type="checkbox"/> Other Mental health disorders including dementia <input type="checkbox"/> Mental health specialist services <input type="checkbox"/> Mental health inpatients <input type="checkbox"/> Mental health outpatients <input type="checkbox"/> LA Care home with mental health problems <input type="checkbox"/> LA Social Services day care with mental health problems <input type="checkbox"/> Other, please list 	<input type="checkbox"/> Child taken into care <input type="checkbox"/> Child protection assessment <input type="checkbox"/> Residential care – older people <input type="checkbox"/> Nursing care – older people <input type="checkbox"/> Adults with learning disability in residential care <input type="checkbox"/> Adults with physical disability in residential care <input type="checkbox"/> Other, please list