

# The Great Welshcake Off 2023

**To celebrate Fair Trade Fortnight and St. David's Day, we are holding 'The Great Welshcake Off' here in Blaenau Gwent.**

**We are looking for the most delicious Welshcake that has ever been made and the only rule is that it must contain at least one Fairtrade ingredient.**

**Your Welshcakes can be any shape, any flavour and any size with the best in show being crowned 'The Great Welshcake Off' Champion 2023.**

## Classes:

- 1. 6 Traditional Welshcakes**  
Six of your best, traditional round Welshcakes.
- 2. 6 Welshcakes (any flavour)**  
Any sweet flavour other than traditional.
- 3. 6 Savoury Welshcakes**  
Any savoury flavour (e.g. cheese, herbs, spices).
- 4. 6 Welshcakes of different shape**  
Any flavour, we are looking for a break from tradition, your entry can be 6 different shapes or all the same shape as long as they are not round.
- 5. Largest Welshcake**  
Must be round, measured across it's diameter.
- 6. 3 Lovespoon shaped Welshcakes**  
The lovespoons can be one piece or several individual cakes joined together.
- 7. 6 Charity Welshcakes**  
Celebrate a charity close to your heart by baking Welshcakes to celebrate their logo or what they do. Any size, shape, flavour or colour.
- 8. Children's Class - Primary Schools (6 traditional Welshcakes)**  
Six of your best, traditional round Welshcakes.
- 9. Children's Class - Primary Schools (6 Fun Welshcakes)**  
Any shape, flavour, colour or decoration.
- 10. Children's Class - Secondary School (6 traditional Welshcakes)**  
Six of your best, traditional round Welshcakes.
- 11. Children's Class - Secondary Schools (6 Fun Welshcakes)**  
Any shape, flavour, colour or decoration.

## Trophies for:

- **Most Points in Show - Trophy and Orchid House Tea Room Voucher**
- **Best in show - Trophy**
- **Best Fairtrade entry - Trophy**

**The Great  
Welshcake  
Off 2023**



# Entry Form:

<b>Name:</b>	
<b>Address:</b>	
<b>Email:</b>	
<b>Tel / Mobile Number:</b>	
<b>Age for children's classes only</b>	

<b>Class No:</b>	<b>Fairtrade ingredient</b>
For example 2	Sugar, Vanilla, Chocolate

## Entry Rules:

1. Entry forms to be returned by email or handed in by 5pm on 28th February. We will take entries on the day if there is space in the room.
2. All entries must have one Fairtrade ingredient except class 3.
3. All entries must be placed in a plain white plate, paper plates available on the day. Class 5 will be exempt if too large.
4. All Entries to be received in the Assembly Room between the hours of 8:30am and 1pm on 1st March 2023. Judging to commence at 1.15pm. Entries not to be removed until 6pm on the day. Prize giving at 5pm.
5. Exhibit cards can be collected on the day.
6. The decision of the Judges shall be final.
7. Points - first 3 points, second 2 points, third 1 point.

**Return to: [bedwelltyhouse@aneurinleisure.org.uk](mailto:bedwelltyhouse@aneurinleisure.org.uk)  
or Bedwellty House and Park, Morgan Street, Tredegar,  
Blaenau Gwent. NP22 3XN**

# Fairtrade Tips

- **Fairtrade ingredients can be found by looking for the Fairtrade logo.**
- **All sorts of Fairtrade sugars are widely available at supermarkets and specialist retailers. Fairtrade honey and molasses are also available.**
- **Fairtrade chocolate comes in a variety of flavours and can be found in supermarkets especially Co-op, Aldi and Lidl.**
- **Fairtrade Jams and marmalades and nut butters can be found in some supermarkets including M&S and specialist shops.**
- **Dried fruit, nuts and spices can be found in specialist shops and some supermarkets.**
- **Dried fruit can be pre-soaked in Fairtrade fruit juices, teas, coffees or rum.**

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